

GRAMPOUND ROAD PE CURRICULUM Sept '18 - July '19 v1

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
EYFS	Physical Literacy (Run/Jump/Skip/Gallop/Hop/Dodge) Multi-skills (Throwing/catching / rolling / dribbling - hands & feet) Balance Bikes to be incorporated into lessons to focus on balance/agility/coordination Gymnastics / Dance Athletic skills through running, jumping & throwing					
Trevose S.Lentern & Mrs Maker Years 1/2 Fridays 1:30	Physical Literacy (Run/Jump/Skip/Gallop /Hop/Dodge)	Dance	Gymnastics <i>ARENA SOW - KS1 Gymnastics</i>	Physical Literacy & Equipment - (Throwing/catching / rolling / dribbling - hands & feet)	Athletic skills through running, jumping & throwing	Striking & fielding skills through Cricket/ Rounder's type activities <i>ARENA SOW - KS1 S & F</i>
Trevose TEACHER LED Years 1/2	Multi-skills (PoPE SOW)	Invasion Games <i>ARENA SOW - KS1 Games</i>	Athletic skills through running, jumping & throwing (<i>Sports hall Athletics / Quad Kids</i>)	Dance <i>ARENA SOW - KS1 Dance</i>	Health Related Exercise (PoPE SOW)	Net & Wall skills through Tennis/Badminton <i>ARENA SOW - KS1 Net & Wall</i>
Wolf Rock S.Lentern & Ms Hocking Year 2/3 Fridays 2:15	Invasion Games THROUGH Multiskills	Dance	Gymnastics	OAA - Team Building & Orienteering	Athletics Skills /Quad Kids	Striking & Fielding - Cricket/Rounders
Wolf Rock TEACHER LED Year 2/3	Multi-skills - (Throwing/catching / rolling / dribbling - hands & feet)	HRF (PoPE SOW)	Year 2: Physical Literacy Year 3: Swimming	Year 2: Physical Literacy Year 3: Swimming	Striking & Fielding - Cricket/Rounders	Net & Wall Skills - Tennis/ Badminton
Longships PAFC Coaches & Miss Nagy Years 4, 5 & 6	Plymouth Argyle Coaches - Primary Stars (until Christmas) Wednesday afternoon - 1:30		Gymnastics	OAA - Team Building / Orienteering	Athletics Skills /Quad Kids	Striking & Fielding - Cricket / Rounders

Longships TEACHER LED Miss Nagy Years 4, 5 & 6	<i>Invasion Games -</i> Netball / Basketball / Tag Rugby	Dance	HRF <i>(PoPE SOW)</i> OR Swimming	<i>Invasion Games -</i> Football / Hockey OR Swimming	Striking & Fielding - Cricket / Rounders	Net & Wall - Tennis/ Badminton
Tater Du PAFC Coaches & Mr Salway Years 4, 5 & 6	Plymouth Argyle Coaches - Primary Stars (Until Christmas) Wednesday afternoon - 2:15		Gymnastics	OAA - Team Building / Orienteering	Athletics Skills /Quad Kids	Striking & Fielding - Cricket / Rounders
Tater Du TEACHER LED Mr Salway Years 2/3	<i>Invasion Games -</i> Netball / Basketball / Tag Rugby	Dance	HRF <i>(PoPE SOW)</i> OR Swimming	<i>Invasion Games -</i> Football / Hockey OR Swimming	Striking & Fielding - Cricket / Rounders	Net & Wall - Tennis/ Badminton

This document maps out the PE units that are taught throughout the year, although the order of activities may at times change due to facilities and availability.
 Each class teacher will work alongside a qualified coach and/or PE specialist during the year.