Grampound Road Physical Education Programme 2019/2020

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| Year Group | Time | Teacher leading | AUTUMN TERM | | SPRING TERM | | SUMMER TERM | |
|  |  |  | Half term 1 | Half term 2 | Half term 1 | Half term 2 | Half term 1 | Half term 2 |
| EYFS/Y1 | Monday 13:30 | AJ | Multi skills | Dance | HRE | Physical Literacy | Athletic skills | Net/wall games |
| Friday 09:30 | AJ with RW | Physical Literacy | Invasion Games | Athletic skills | Gymnastics | Striking and fielding | |
| Y1/2 | Monday 14:15 | LH | Multi skills | Invasion Games | Athletic skills | OAA | Physical Literacy | Net/wall games |
| Friday 10:45 | SK with RW | Multi skills through invasion | Dance | Gymnastics | HRE | Athletic skills | Striking and fielding |
| Y3/4 | Wednesday 14:15 | SH | Cornish Pirates  Tag Rugby | HRE | OAA | Invasion Games | Net/wall games | Swimming |
| Friday 13:30 | SH with RW | Multi skills | Dance | Gymnastics | Invasion Games | Athletics | Striking and fielding |
| Y5/6 | Wednesday 13:30 | DS | Cornish Pirates  Tag Rugby | HRE | OAA | Invasion Games | Net/wall games | Swimming |
| Friday 14:15 | DS with RW | Invasion Games | Dance | Gymnastics | Invasion Games | Athletics | Striking and fielding |

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| Physical Literacy | Throwing/catching / rolling / dribbling – hands & feet |
| Athletic skills | Running, jumping & throwing |
| HRE | Health Related Exercise |
| OAA | Outdoor Adventurous Activity (orienteering) |

\*\*Y3, 4, 5 and 6 – swimming dates tbc\*\*

Planning used: PoPE and Arena SoW