



ST PIRAN'S
CROSS
MULTI-ACADEMY TRUST



Year 4


Annual Camp

Porthpean St Austell


22nd to 24th May 2017



Porthpean Outdoor Education Centre



Porthpean OEC
Castle Gotha, Porthpean St Austell PL26 6AZ
T: 01726 72901
www.cornwalloutdoors.org



Information Pack for Parents

General Information

Porthpean Centre is situated overlooking St Austell bay just 2 miles from St Austell. All sleeping accommodation is under canvas tents except one chalet per village, which will accommodate two adult members of the group. We have three days/two nights, which includes tented accommodation, catering, 2 half days activity on Monday 22nd May and Wednesday 24th May and a full day on the Tuesday 23rd May 2017.



Domestic Arrangements

There are five villages. Each village has seven tents and one cabin (sleeps two). All the tents have floorboards and the centre provides a vinyl foam mattress. All campers must bring their own sleeping bags and pillows. The cabin is lockable and is for leaders use only. Each group on site is allocated a village based on accommodating 36 youngsters in seven tents and four staff. We have two villages for our Trust.

Catering Arrangements

Meal times:

- **8:00am** Cooked breakfast by rota
- Lunch: first day provided from home.
- **5:00pm** Cooked evening meal by rota

The Staff and children will have serving, cleaning duties during their meals to ensure mealtime run smoothly, and it is clean for the next group. This will be done by rota. Visiting staff will be required to help serve drinks and meals to their own group only. Children will be required to clean up after themselves and clear tables and chairs away at end of service in preparation for the evening activities.

Packed Lunch

Please remember that on your first day you will need to bring packed lunches for your pupils.

Staff accompanying the children to Year 4 Camp

- **Mr Lees – Leader**, Mr Deadman (BB) – Deputy Leader, Mr Flint (BB), Mrs Allen (BB), Mr Moore (GR), Mr Keast (GR),

Staff will carry a mobile phone for emergencies and we have a car on site for emergencies. Staff are first aid



will

trained as well/

Activities

At Porthpean, they specialise in outdoor and adventurous activities and our experienced instructors have an excellent reputation for delivering safe and enjoyable activity sessions at all levels, from simple 'tasters' for beginners up to instructor training and assessments in most aspects of canoe sport, moorland walking and climbing. The instructors are qualified as a minimum standard to a Cornwall Council Approved level. Their qualifications often exceed those required.

Transport

On **Monday 22nd May 2017**, we would like BB parents to take their children to Porthpean to arrive for 8.30 am to move into tents and activities start at 9.30 am

Children from the village school will be picked up as outlined below arriving at Porthpean for 8.30 am.

Our programme is as follows:

Monday 22nd May 2017

8:30 arrival at Porthpean, allocation of tents and unpack

9 am – Briefing from Centre Staff

9.30 am – Beach Activity Day depending on weather: kayaking, canoeing, coast steering, sailing, surfing etc.

12 noon – Packed lunch from home

1 pm – Beach Activities as per morning.

4 pm – Back to camp, showers and change.

5 to 6 pm – Cooked evening meal

7 pm – Evening Activities – sport and art based.

8.30 pm – Camp stories and talents.

9 pm– Hot chocolate and bed.

Tuesday 23rd May 2017

8 to 9 am – Cooked Breakfast

9.30 am – Activities:

- **Group 1**- Climbing and archery in the morning
- Problem Solving & cycling in the afternoon

12 noon – Lunch provided by the centre

4 pm – Back to camp, showers and change.

5 to 6 pm – Cooked evening meal

7 pm – Evening Activities – **beach art and exploration**

8.30 pm – Camp stories and talents.

9 pm– Hot chocolate and bed.





Wednesday 24th May 2017

7 am – Packing and camp cleaning

8 to 9 am – Cooked Breakfast

9.30 am – **High Ropes Activities**

12 noon – Lunch provided by the centre

1 pm – Return to school, coach for village school

1.30 pm – BB parents to pick up children from camp.

Kit List

Please pack everything into a medium sized bag preferably not a suitcase ensuring:

EVERYTHING IS LABELLED WITH YOUR NAME

Children will also need a sleeping bag, pillow and blanket etc. the mattress is supplied by the centre.

Please note: **No knives, chewing gum or other expensive items.**

Children must not bring any mobile phones or electronic devices.

Please remember that evening and nights can be cold in May.

Personal Kit List

Below is a set of guidelines from which you should draw up your own list.

1. Suitable clothing and footwear for activities planned. Footwear **MUST** be worn when participating in water sports activities. Old trainers, plimsolls, wet shoes etc. are all fine.

(Flip Flops, Crocs and Reefs ARE NOT SUITABLE). Wellington boots or old trainers for land based activities. A general rule of thumb is plenty of OLD clothing.

2. Night wear

3. Waterproof jacket and trousers

4. Swim wear

5. Sun hat, woolly hat and sun cream

6. Personal toiletries including towel and hand soap

7. Sleeping bag, pillow. Blanket if required

8. Torch

9. Lunch box and drinks container

10. Mug for bedtime drink

11. Any medication needed (asthma inhalers, allergy tablets etc.) given to leader.

12. Notebook and pencil

13. 2 black bin liners for dirty and wet clothes

14. Small rucksack for day use

15. Disposable camera

16. **A shop bought cake or packet of biscuits to share in breaks, the children will get very hungry, as we will do so many physical activities.**

Please pack everything into a medium sized bag preferably not a suitcase ensuring:
EVERYTHING IS LABELLED WITH YOUR NAME

If you need to contact a member of staff during the trip in the case of an emergency, the mobile number to use is **07436 795031**. Whilst we are away, we will keep you updated with texts via our Teacher to Parent text service. We will also be using TWITTER to communicate with you and upload photos of our days.

Behaviour and Attitudes

We expect the very best from the children on the residential trips and will be rewarding good manners, kind behaviour with tent points. You will find out if your child has received one or more of these upon our return!

While at Porthpean, we all have a duty to abide by the following rules and guidelines:

- Always follow your school rules at all times.
- Keep your tent and the coach clean and tidy, put all litter into the bins provided.
- Never go into other tents unless an adult has told you to.
- Always be ready to listen and follow instructions straight away.
- When it is time to go to sleep, we must all be quiet and not disturb others.
- No shouting or loud sounds after bedtime.
- Represent St Piran's Cross and your school with pride, be polite to other adults and schools and show them our excellent behaviour and good sportsmanship!





St Piran's Cross CE Multi-Academy Trust

PARENTAL CONSENT FOR RESIDENTIAL VISITS

This form must be completed and returned to the teacher in charge of the visit or trip, before any pupil can be allowed to participate.

Parental Consent to take part in the residential trip to Porthpean Outdoor Centre

First name		Family name:	
Date of Birth		School	

Trip / Visit to	Porthpean Outdoor Centre, St Austell, Cornwall		
Date(s) From	May 22 nd 2017	To	May 24 th 2017

<i>I agree to my son/daughter taking part in the above mentioned visit</i>	Parent or Guardian's signature

Pupils Contact Details

Home address			
Parent/Carers contact telephone numbers (for the duration of the visit / trip)			
Name		Home	
Mobile		Work	

Alternative contact	Relationship to pupil :		
Address			
Name		Home	
Mobile		Work	

Medical Information

Name of doctor		Tel no	
Address of surgery			

Please mark with X if appropriate :

My child does not suffer from any medical condition requiring regular treatment.	
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My child suffers from			
and has been prescribed the following medication	Name of medication	Dose Time of giving?	Frequency

NB: if your child is on a residential visit, please ensure you include information relevant to nighttime needs.

All medication must be handed to a member of staff prior to departure and staff will administer all medication following the dosage prescribed or indicated by parents.

My child also uses the following over-the-counter medication	Name of medication	Dose Time of giving?	Frequency

My child has an allergy to the following:	Allergic to	Type of reaction

Please delete as appropriate

I would like to discuss my child's medical condition with the teacher in charge.	YES NO
My child has an up to date tetanus injection.	YES NO
I am willing for my child to be given with "over-the-counter medication" by staff e.g. paracetamol, throat lozenges, plasters, insect bite antihistamine.	YES NO

Any medication required should be given to the teacher in charge, clearly marked (in its prescription container if applicable) with name and full instructions for use.

Inhalers and "Epipens" may be kept by the pupil with spares given to the teacher in charge.

Dietary Information

Does your child have any special dietary requirements e.g. vegetarian, kosher, allergies	(please give details)	YES NO

Additional Information

Please include any additional information as required

Declaration by Parent/Guardian:

1. I have read and completed this form and to the best of my knowledge the details given are true and accurate.
2. I agree to my child receiving medication as instructed.
3. I will inform the teacher in charge as soon as possible of any changes in the medical or other details between now and the commencement of the visit/trip.

Signature		Date	
Print Name			

Photo/video/web Consent Form

Cornwall Outdoors would like your permission to include media (photographs, videos, audio recordings) of your child participating in outdoor activities and learning. Media footage may be used to promote the activities of Cornwall Outdoors within publications we produce, or are engaged in, such as leaflets, banners, DVDs, flyers, websites and social networks. Media footage may also be used for distributing news stories to the press.

We work within the Data Protection Act 1998, please see conditions below.

If you agree to your child being included in photographs and videos whilst involved in outdoor activities / learning we would be very grateful if you could please sign, date and return the consent form below. If you have questions regarding the use of your child's image, please contact the appropriate centre.

I give permission for my child's image to be stored and used:	
1. In printed publications and DVDs produced by Cornwall Outdoors for educational and promotional purposes.	Yes/No
2. For press purposes; in newspapers, television reports and in media websites, including social networks	Yes/No
3. On the Cornwall Outdoors website.	Yes/No

I have read and understood the conditions below:

Child's name: (block capitals)	
School name:	
Name of parent or guardian: (block capitals)	
Parent or guardian's signature:	
Date:	

Please return the completed form to the School Office

Conditions of use

1. We will not use the personal details or full names of any child or adult in a photograph on our website or in any of our printed publications or DVDs.
2. We will not include personal e-mail or postal addresses, or telephone or fax numbers, on our website or in printed publications or DVDs.
3. If we use photographs of individual children, we will not use the full name of that child in the accompanying text or photo caption without specific prior permission
4. We may use group or class photographs or footage with very general labels, such as "Cornwall Outdoors Activity"
5. If images are taken by local press/media, or parents/guests, the Cornwall Outdoors team will not have control of these images.